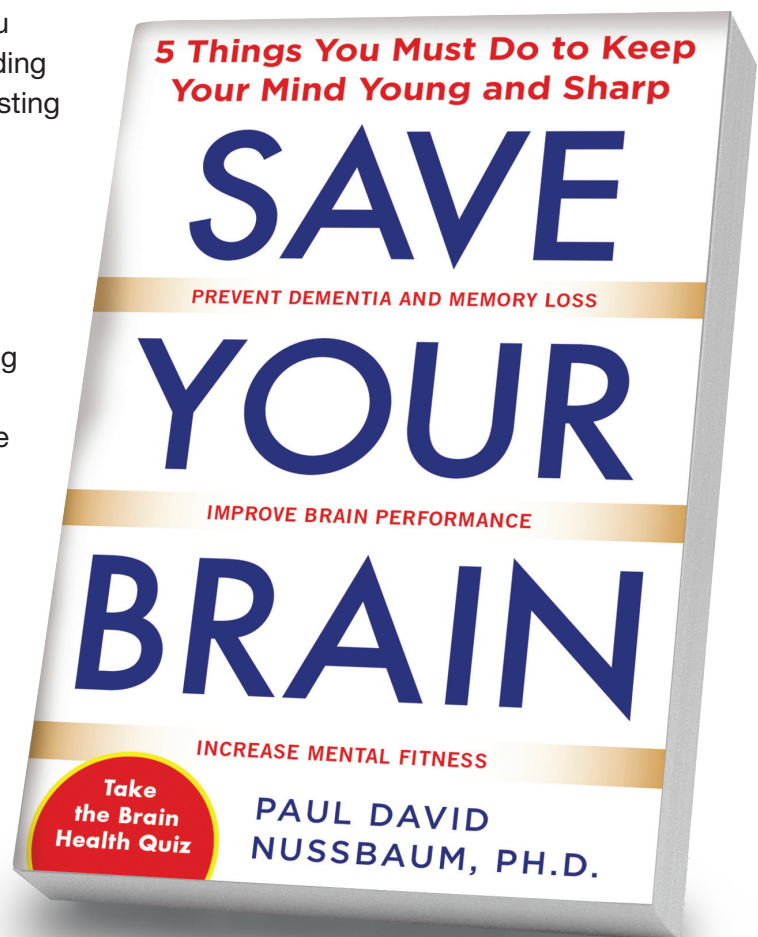


# EXPERT ADVICE FOR YOUR OWN BRAIN HEALTH AND HOW TO DELAY ONSET OF MEMORY LOSS

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**Paul David Nussbaum** is a clinical neuropsychologist who specializes in aging across the lifespan and brain health. He lectures nationally and internationally on the human brain, brain-behavior relations, diseases of the brain, and brain health promotion.



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